

KINE 2115



Lifetime Health & Wellness

SHSU Catalog (2025/2026)

	Bachelor of Ar	ts, Biling	gual Healthcare	e Studies
CORE REQUIREMENTS De		partment of Public Health		936.294.2660 health@shsu.edu
Course Name		Hours	TCCNS	SHSU
Communication (6 hours)				
Composition I		3	ENGL 1301	ENGL 1301
Composition II		3	ENGL 1302	ENGL 1302
Mathematics (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Life & Physical Sciences (6 hours) ¹				
Choose two courses from your current Texas community college's core approved list.				
Language, Philosophy, & Culture (3 hours) ²				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Creative Arts (3 hours)				
Choose one course from your current Texas community college's core approved list.				
American History (6 hours)				
United States History to 1876		3	HIST 1301	HSTY 1301
United States History since 1876		3	HIST 1302	HSTY 1302
Government/Political Science (6 hours)				
American Government		3	GOVT 2305	POLS 2305
Texas Government		3	GOVT 2306	POLS 2306
Social & Behavioral Science (3 hours)				
Choose <u>one</u> course from your current Texas community college's core approved list.				
Component Area Option Recommendations (6 hours) ³				
Choose <u>two</u> courses from your current Texas community college's core approved list.				
MAJOR REQUIREMENTS Full degree can be found here: https://www.shsu.edu/programs/bachelor-of-arts-in-bilingual-health-care-studies/index.html				
Course Name	Course Name		TCCNS	SHSU
Human Anatomy & Physiology I		4	BIOL 2401	BIOL 2403
Nutrition		3	HECO 1322	FSCN 2362
Introduction to Ethnic Studies		3	SOCI 2319	SOCI 2319

Foreign Language Minor Required (23 hours)

PHED 1164

SHSU requires a minimum of 23 hours of foreign language (one field): Spanish, Arabic, French, or German

*SHSU accepts a maximum of 70 credit hours: 66 academic hours + 4 hours of activity-based physical education (kinesiology) hours.

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Students must earn a 2.0 minimum overall GPA in all coursework, overall major GPA in all major coursework, SHSU GPA in all coursework, and SHSU major GPA in all major coursework.

1 - BIOL 2403 satisfies the Core Curriculum requirement for Component Area III (Life and Physical Science) (4 credits).

2 - SOCI 2319 satisfies the Core Curriculum requirement for Component Area IV (Language, Philosophy, and Culture).

3 - KINE 2115 satisfies the Core Curriculum requirement for Component Area IX (Component Area Option) (1 credit).